

# Y~Knot?

The Newsletter of the Hobart School of Iyengar Yoga  
September 2017

## Senior Assessment

Arjun recently sat and passed the inaugural Senior Intermediate Teaching Assessment held in Bondi Junction, Sydney. This was the first time this assessment has been held in Australia - in the past these certificates were only awarded on direct application to Mr Iyengar. The other successful applicant was Darrin McNalley (Adelaide). Arjun is grateful to the assessors Kay Parry (Sydney), Pixie Lillas (Sydney), Alan Goode (Canberra) and Peter Scott (Melbourne), as well as to the students who volunteered in practice classes here: Craig Mackie, Sarah Peart, Mark Ackerly, Angela Wright, Peter Craig, Sonia Toson, Christine Walker, Ben Ross, Brett Stephens, Matthew Oakes, Sam Routley, Margie Landrigan, and Madeleine Maloney. The higher certificate level potentially allows Arjun to adopt an expanded assessor's role in future Iyengar yoga assessments.

## Back Care Course

The last **6 week Back Care Course for 2017** will start **Saturday November 4<sup>th</sup>**. This course is suitable for *any* level of student, from those with no prior yoga experience, to experienced yoga practitioners. The **Back Care Course** aims to present general yoga principles applicable to the management of back pain, especially that which is long-term or recurrent.

**6 weeks Saturdays 11AM-Midday \$128**

## National Convention

The **Australian National Iyengar Yoga Convention** will be held in Adelaide from November 3<sup>rd</sup> -5<sup>th</sup> 2017. To find out more or to book, please visit:

[www.nationaliyengaryogaconvention.com](http://www.nationaliyengaryogaconvention.com)

