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The Newsletter of the Hobart School of Iyengar Yoga
November 2018

YOGACHARYA

**B.K.S.
IYENGAR**



**YOGACHARYA
SRI BKS IYENGAR**

A celebration of
his life and work

**ASANA & PRANAYAMA CLASSES
&
LECTURE/DEMONSTRATIONS**

Founders Room 77 Salamanca Place · Sunday December 2nd · www.trybooking.com/YSDC

Please join us in celebrating Sri BKS Iyengar's birth Centenary:

9:30-11AM Level 1 Asana Class

11:15AM-12:15PM Absolute Beginners Class

1:15-3:15 PM Talks and Demonstrations

3:30PM-5PM Level 2 Asana Class

5:30-6:30PM Pranayama Class

Class: Full \$15, Concession \$12, SAC Associate \$10

Talks/Demonstrations: Full \$10, Concession \$7, SAC Associate \$5

Tickets: www.trybooking.com/YSDC

Level 1 must have a minimum of 3 months of classes with an Iyengar Yoga teacher in the last 12 months

Level 2 must have a minimum of 1 year of classes with an Iyengar Yoga teacher in the last 18 months, AND be currently practising Sarvangasana for a minimum of 5 minutes

Pranayama must have a minimum of 1 year of classes with an Iyengar Yoga teacher in the last 18 months

While the talks and demonstrations are open to everyone, the classes are not open to children under the age of sixteen, pregnant women, or people who have injuries or medical conditions which would interfere with their participation in the class. Attendees must also have the requisite level of experience for the class selected.





DECEMBER CLASS FEES

Sunday 2 classes: \$30 Whilst there will not be a class at the school on 2/12/18, students are encouraged to separately book to attend the Centenary Level 1 Class at 930AM on this day.

Monday 3 classes: \$45

Tuesday 3 classes: \$45

Wednesday 3 classes: \$45

Thursday 3 classes: \$45

Thursday Individual Needs: 3 classes \$120

Friday: 3 classes \$45

Saturday: 3 classes \$45

Open practice: Thursday 6-8AM, Sat 6:45-9AM: \$6/session

There will be no yoga-sutra/philosophy class in December.

SUMMER BREAK

THE LAST CLASSES WILL BE ON FRIDAY DECEMBER 21st
CLASSES WILL RESUME ON MONDAY JANUARY 28th

Please remember to leave a deposit for 2019 classes, as we cannot otherwise guarantee your continuing class space.

JANUARY INTENSIVES

Naomi will be conducting 2 intensives in January.

Level 2: January Tuesday 15th – Friday 18th 6:15-8AM + Saturday 19th 9:30-11:15AM

Level 1: January Tuesday 22nd – Friday 25th 5:30-7PM + Saturday 26th 9:30-11AM

Cost: \$75/intensive Bookings Essential

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