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The Newsletter of the Hobart School of Iyengar Yoga
DECEMBER 2019

CHRISTMAS BREAK

THE LAST CLASS WILL BE ON SATURDAY DECEMBER 21st 2019.
REGULAR CLASSES WILL RESUME ON TUESDAY JANUARY 28th 2020.

PLEASE LEAVE A DEPOSIT BY JANUARY 1st TO RE-ENROL IN 2020.

SUMMER INTENSIVES

Level 2 Monday January 13th to Friday January 17th 6:15-8AM \$75

Level 1 Monday January 13th to Friday January 17th 5:30-7PM \$75

Pranayama* Monday January 20th to Friday January 24th 6:45-8AM \$75

Open Practice** Monday January 20th to Friday January 24th 5-7PM \$40

The Intensives have limited space – booking, with a deposit, is essential.

* The Pranayama Intensive requires at least 3 months prior attendance at Level 1.

** Open Practice is for attendees at the Level 1 or 2 Intensives.

Written practice sequences, based on the Intensives, will be provided.

Attendees at Open Practice can commence practice up to 530pm and finish by 7PM.

Hobart School of Iyengar Yoga

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